

Chinese Food

Rice Rice is the basic food for more than half of the Chinese Population. There are several varieties of rice : sticky, whole... Many people work in the rice paddy. Buffalos help men, When the paddy is flooded (rice needs much water) fish and ducks also live there,

Chinese eat their food with sticks. The food is cut in small pieces, Food is cooked with steam or fried or cooked in a wok ,

In the morning, Chinese eat fritters, salted food, rice gruel, At noon they eat rice and noodles with meat and fish, No sweet cakes but only fruits, Chinese like also soups,.

The 5 basic tastes are: salted, sweet, bitter, sour, spicy ; a good meal includes them all,

A few Chinese Specialities : duck, ginger, dim sum, soy sauce, fin of shark...

At Guangdong Market, all kind of live animals are sold to be eaten: snakes, turtles, rats, frogs, cats and dogs,

In China you may make noise when eating , smack your lips, suck the soup: by doing so you show that you like the food,

China tea : Chinese, including poor Chinese drink a lot of tea,